Kathleen D. Jackson joins board

Join us in welcoming Kathleen D. Jackson to our board of directors. Kathleen is a consultant specializing in HR and management services, and she is the former VP of Human Resources at NPR.

New Hope: Permanent supportive housing for women living with HIV/AIDS

We transformed our New Expectations transitional housing program into a permanent supportive housing program for women with HIV/AIDS. The new program, called New Hope, launched February 1. New Hope provides permanent supportive housing for 10 women.

Read more on page 3>

Letter from the Executive Director

If these walls could talk

If the walls at NEW could talk, I think they would share hundreds of stories of hope, challenges, dreams, achievement, and life beyond their comfortable embrace. With this thought in mind at the end of 2010, I called on New Endeavors by Women staff and residents to work together to realize a vision of “Moving Beyond the Walls of NEW.” It is an active vision of hope and promise, where everyday brings with it a new opportunity to experience growth, achievement, and transformation.

For residents, the vision begins day one of the journey at NEW and within its walls. It starts with a heart that is open and willing to change. For the organization, it begins with our case manager establishing a rapport and trusting relationship. Trust that inspires those we serve to confide in us, share hurts and failures; trust that allows hope to be fostered and goals and dreams to be reborn or to come alive. A partnership is formed. Residents are supported at every turn, while being held accountable to take action and to follow through.

Residents grow as they face what has led to homelessness and they work through those challenges with support groups, individual

continued on page 2 >
ReNEWal is sporting a snappy new front cover design this Spring! In honor of the renewal and redesign happening at our N Street building, we’ve changed the newsletter masthead, replacing the N Street building artwork with our shooting star logo and a bolder new design.

Our newsletter’s new look

ReNEWal

Executive Director
Wanda Steptoe

Director of Programs
James Brown

Program Manager
Tracey Laslister

New Generations & New Horizons

Volunteers Needed!

Interested in helping a NEW resident grow professionally? Consider serving as a mentor in our MVP program! For more info, visit our website or call Carolyn Johnson at 202.682.5825

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Chair

Wanda F. Steptoe
Executive Director

Tara G. Thompson
Vice Chair

James Brown
Director of Programs

Ann McCormick
Secretary

Tracey Laslister
Program Manager

Sheryl Rutledge
Treasurer

New Generations & New Horizons

Kimberly Black
Program Manager

Tiffany Lynch
New Transitions & Shelter Plus Care

Kathleen D. Jackson

Wanda Steptoe
Ex officio

Colleen Scott

Beyond the walls of NEW from page 1

counseling, NA/AA meetings and ongoing meetings with a case manager. They continue developing, gaining conscientiousness for day-to-day tasks and developing a mindset to manage a schedule and handle responsibilities. They achieve and succeed in transforming their lives through new experiences and exposure. They connect with other women who have overcome similar challenges, and who share their strategies for success. They participate in workshops for goal setting, health and nutrition, developing a healthy lifestyle, and learning life skills. They advance their education and receive employment assistance.

Our staff nurtures each woman’s transformation. We are committed to “going the extra mile” to meet a woman’s unique needs, and to prepare those served to physically and emotionally move beyond the walls of NEW. Our staff challenges each resident to continue to grow, set and realize new goals, even as they face unexpected challenges.

Our work to support a resident’s transformation continues after she completes the program, through lasting, supportive relationships with staff, and a support system of peers who will help her maintain balance and accountability for her continued growth and success...beyond the walls of NEW.

As a supporter of our work, thank you for being a part of this transformation!

Wanda Steptoe
Executive Director

Now you can support us just by dining out!

Celebrated Chefs

Celebrated Chefs is an exciting new program that helps NEW raise funds all year long. Support us simply by dining at the area’s best restaurants. For more information and to sign up, visit www.celebratedchefs.com

NEWs Bites

Friends of NEW host happy hour benefit: Our February 16th fundraiser at Ulah Bistro was a great success, raising $3,000 to support our housing and support services for homeless women and children. Thank you to everyone who donated and who came out to share in the festivities!

New Hope Program

NEW launches a New Hope housing program for women with HIV/AIDS:
We are excited to announce that our New Expectations housing program was successfully transformed into a permanent supportive housing program for women with HIV/AIDS. The new program, called New Hope, launched February 1. New Hope provides permanent supportive housing for 10 women.

New Hope addresses a critical shortage of permanent supportive housing equipped to meet the health and wellness needs of women living with HIV/AIDS.

As of mid-February, four residents moved into New Hope. We look forward to sharing news and updates with our supporters as the program welcomes more residents and begins offering housing and services.

Welcome new staff: Join us in welcoming Lolita Mason, Senior Case Manager at New Hope, and Earl Staley, Lead Case Manager at New Horizons.

Our New Mailing Address: Remember, if you’re sending us mail, use our new mailing address:

New Endeavors by Women P.O. Box 92223 Washington, DC 20090

Read more news from NEW on our blog:
newsfromnew.blogspot.com

Photos from our MVP Speaker Series

Chief Lanier talks with a resident and shares a laugh with NEW’s James Brown and Wanda Steptoe

Zina Stansbury speaks candidly with residents and encourages dialogue and questions during her talk

News from New Generations

Chief Lanier talks with a resident and shares a laugh with NEW’s James Brown and Wanda Steptoe

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As a supporter of our work, thank you for being a part of this transformation!

Wanda Steptoe
Executive Director
Our Recent Donors and Supporters

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 Alfred and Kathleen Rotondaro
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Beyond the walls of NEW from page 1

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I am Carla. This is my story.

My name is Carla Kinard-Lindsay. I'm 44 years old and used drugs for 13 years. Despite using drugs, I was able to achieve some of my life’s goals: I graduated from Anacostia High School in 1984 and completed the Certified Dental Assistant program at Georgetown School of Science and Arts in 1986.

That was before addiction took over my life and caused me to experience heartaches, headaches, hopelessness, and homelessness. My last run with drugs took a terrible toll on my life. I abandoned my boyfriend and my two beautiful children for several weeks, and remember looking in the mirror asking myself, “Why are you living like this?” I found Narcotics Anonymous in November 1995.

After going to detox, I began my own process of attending NA meetings, getting a sponsor and believing that a miracle was coming my way. A counselor named Reggie Jones told me about a program called New Endeavors by Women. I will never forget the joyful feeling in my soul that my prayers were being answered.

I came to New Endeavors on January 10, 1996. The program gave me hope and a sense of direction. New Endeavors taught and showed me that I could become a productive member of society, a better mother, co-worker, daughter and friend. I was not used to being around or living with so many women, as I was the only daughter my parents had. With the strict rules and responsibilities at New Endeavors, I learned to be accountable to other people and accountable to myself. My case manager, Robin Harper, took time to mold me back to being a beautiful black woman. I stayed at New Endeavors for six months, and then moved to a supportive housing program to further my recovery and reconnect with my children.

Within one year of being at New Endeavors by Women, I learned to take control of my life again. I did not have the desire to use drugs anymore, and I moved to permanent housing with my children. With sobriety and independence, I was also experiencing greater opportunities in my life. I met and married a wonderful man, Ira Lindsay Jr., now my husband of nine years. I gave birth to another son, Ira Lindsay III, and am a home owner of ten years. I am employed at Anchor Mental Health of Catholic Charities, as a Senior Community Support Specialist/Addiction Counselor. I also work part-time as Support Staff at New Endeavors by Women—a position I’ve held for nine years.

Finding help and relying on my strong support system helped me turn my life around. I am especially grateful to my family for not giving up on me; my sponsor Antoinette Jones, who has been in my life for 12 years; and, Ms. Steptoe and Ms. Popit at New Endeavors by Women, for encouraging me to stay teachable, and for giving me a chance at a second chance.

I will never forget the joyful feeling in my soul that my prayers were being answered when I first heard about New Endeavors.
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New Endeavors by Women

P.O. Box 92223
Washington, DC 20090

ReNEWal's new look! p2

Chief Lanier Speaks at NEW

On January 4, we hosted DC Police Chief Cathy Lanier as the inaugural guest speaker for our MVP Program’s Speaker Series, which showcases “Stories of Success.” Chief Lanier shared her personal story of overcoming obstacles to become a police officer, then working her way up the ranks, before being appointed the department’s first female chief of police, in 2007. In the second Speaker Series talk, entrepreneur Zina Stansbury shared her inspirational story with residents. More photos on page 3 >

If the walls at NEW could talk | Letter from the Executive Director

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